

CLINICAL MEASURES

The Questionnaire of Disgust (QD)

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INTRODUCTION

Research in the field of emotions, especially of Disgust, showed differences in men and women in both perception and reaction in disgust.

The Questionnaire of Disgust was constructed to test the degree of disgust when mental images are evoked that potentially elicit this reaction. The theoretical base used was the work of E.I. Miller (1997). For every affirmative response the subject was asked to indicate to what extent they agreed or disagreed with the statements using a score from 1 (absent) to 10 (maximum).

A pre-evaluation of the questionnaire, was conducted by the authors to ensure it was comprehensible to the interviewees. This was achieved by software for linguistic assessment (Errata Corrige Software), which was used to assess the questionnaire.

This emotion of Disgust, has been studied in various contexts, through

a tool specially created a questionnaire that explores some areas relating for example, disgust, sensory perception, contamination, moral disgust, through items that elicit this emotion. In a recent paper by Settineri S. et al. (2013) was created a synthetic indicator to evaluate the expression of disgust and identify individual differences, the Disgust Synthetic Index (SDI). The analysis revealed different trends in different types of disgust for age and sex, for example, the oral disgust and contamination showed a reduction of SDI in the age group between 18 and 39 years with a general tendency to decrease with age.

This study, in the clinical psychology, provides informations not only in relation to gender and age in the different modes of perception, but also in the process of development and identification of personality. The emotion of disgust is a further sign of symptoms, such as in the spectrum of anxiety disorders (fears, phobias and obsessions).

The Instrument

Questionnaire of Disgust (QD)

1. The sight of vomit really disgusts me
2. Nausea after getting drunk (imagined if never experienced)
3. Seeing bits of food stuck in a beard
4. The sight of blood
5. The sight of a dirty toilet seat
6. Seeing a homosexual erotic/affective expression (heterosexual if homosexual)
7. Animal entrails
8. The amputation of a hand
9. A mother cleaning her baby

10. Seeing spots and pus
11. Hair(s) on a plate of food in a restaurant
12. Smelling bad breath on a nearby person
13. A woman's sanitary towel/tampon in a public toilet
14. Sensing a smell on a black person (or another race if respondent is black)
15. Seeing one's own body getting older (all over or a part)
16. Saliva on the face of a person speaking out loud
17. Seeing excrement on the streets
18. Muddy shoes
19. The sight of pornographic magazines
20. Greasy stains on clothes revolt me
21. Mould on bedroom walls
22. The sight of dead bodies
23. Rotting flowers in a graveyard
24. Eating maggots in nuts
25. Seeing a runny nose
26. The stink of burnt fat
27. The smell of dried faeces
28. The smell of vomit

29. The smell of rotten fish

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