

Manizales, June 7, 2024

Dear Editor,

We wish to submit an original research article entitled “**Relationship between Anxiety and Depressive Symptoms and Mild Neurocognitive Disorder (MNCD) in Older Adults: A Systematic Review**” for consideration by Mediterranean Journal clinical psychology.

We confirm that this work is original and has not been published elsewhere, nor is it currently under consideration for publication elsewhere.

This paper collects the scientific literature of the last five years in the study of the relationship between anxious and depressive symptoms and their possible incidence in the appearance of mild neurocognitive disorder.

We consider that this article is appropriate for publication in Mediterranean Journal clinical psychology given the current relevance of mild neurocognitive disorder, due to the challenge in public health that arises from the high rates expected in the coming years in the life course of the older adult.

The findings of this article point out the importance of considering modifiable risk factor in the trajectory from healthy cognition to mild neurocognitive disorder and its progression to major neurocognitive disorder, which point the enormous potential for early intervention. Readers will find that the establishment of psychological profiles in older adults with mil neurocognitive disorder allows adjustment of intervention models to focus efforts on the most vulnerable populations.

The authors have no conflicts of interest to disclose.

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Thank you for your consideration of this manuscript.

Sincerely,

JOSE ENRIQUE VILLA CASTAÑO