

*Vol 7, n 1, 2019*

**Book Review**

**Binswanger L., *Daseinsanalyse, psichiatria, psicoterapia*, Raffaello Cortina Editore, Milano 2018. By Aurelio Molaro**

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**DOI:** 10.6092/2282-1619/2019.7.2141

In 2018 the book “Ludwig Binswanger, Daseinanalyse, Psychiatry, Psychotherapy” by Aurelio Molaro was published by Raffaello Cortina Editore. This book represents a collection of works by L. Binswanger on relevant themes close to Psychopathology, Psychiatry and Psychotherapy. In this sense, since the beginning of “*Man, world, relation: the epistemological reflection of Ludwig Binswanger*” (Aurelio Molaro), it is clear how the contribution of Binswanger is relevant for current issues and clinical approaches. Themes such as *subject-object* relation and phenomenological *comprehension* for example, have a consistent role in everyday life and clinical practice, so that we cannot ignore their impact on psychological reality. The collected works highlight the role of *Daseinsanalyse* as an orientation in psychiatric practice, useful to consider such phenomena that require comprehension instead of just explanation.

This necessity is than related to the therapeutic practice, in order to face with the need of adaptation intrinsically expressed by every state of suffering and to pass through the concepts of *Being in the World* and *Being Beyond the World*. The consideration of each concept reported by the author, as for *World-project*, according to Giovanni Stanghellini represents a *heterology* useful to realize the lack of correspondence between different experiences (*Erlebnis*).

The possibility arising from the suspension of judgement and reductionism is based on a type of scientific-anthropological investigation, having as its object the essence of the *Being*.

The Binswanger's perspective highlights the impossibility to evaluate phenomena as separate dimensions, considering the phenomenon as an expression, a manifestation of a person structured in a certain way.

According to this perspective, the phenomenological practice provides the possibility to distinguish between polar dimensions of human phenomena, such as the idea of *homo natura* and *homo existentialis*.

This book review is aimed at promoting these perspectives, coming from the clinical and phenomenological practice of Ludwig Binswanger, whose production has represented and represents a set of key concepts for psychopathological comprehension. The set of the proposed works, for the first time published together in Italian, the opening of Aurelio Molaro and the conclusion of Giovanni Stanghellini, suggest the need to face with an epistemology, a phenomenology and a clinical practice that take into account the deviations of approaches that have slowed down the processes of knowledge of human being.



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