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***Editorial***

*THE PRAGMATIC PRACTICE IN CLINICAL PSYCHOLOGY*

The MJCP Journal grows, in the scientific parameters and numbers, faces its fifth birthday. The emerging theme of the number 3, 2017 is the clinical pragmatics, which puts theoreticians and methodologists in comparison with therapeutic theories and outcomes, leaving space to many questions that arise from direct experience with patients.

Attention to the clinical case study remains a staple of clinical pragmatics, which requires a look at diversity, disability, and the healing and non-healing parts of each of us. The reflection reaches the goal of the method of treatment that often can not be rigidly welded to the technique but must bear in mind the Other's suffering. The topic of outcomes in psychotherapy is an example, as well as the application of projective methods in the studies of phenomenology of the image. We open ourselves to a methodology in the field, which needs attention to the treatment of the Other. Ours is a pragmatic one addressed to the emerging needs of the Other, rather than a rigid adaptation to normative ideals.

Especially, when the feelings with which the analyst is confronted belong to the domain of the irrational and the unthinkable, for example, in the theme of identity in precarious times.

What are the therapeutic and non-therapeutic factors that must be kept in mind?

The observation of different operations confronts us with many modalities, the clinic of Internet addiction, stress, alexithymia, ADHD in young people, are some examples. We clinicians are faced with a serious reflection on the

theories and methods, which today must listen to the cultural and existential movements that people, at different ages, cross, where anxiety and depression continue to remain key words transversal to different clinical studies.

The common theme is generational confrontation with an evil of living that touches many aspects of existential, work, family, existential precariousness together with the tension of living one's own body.

The increase in adolescent and juvenile discomfort, the increase of food pathologies, the observation of fragile and superficial affective ties that tend to break in time and not survive, requires us to seriously reflect on our clinical work and on the issues that enter into our rooms, together with the legs and the words of our patients.

Our profession itself places us as clinicians and especially as therapists, compared with the rational and irrational register up to the heart of the elusive paradox.

The positive therapeutic attitude in what we do and in our work, becomes a solid structure of clinical pragmatics, able to make our room a garden to grow in which all the buds are the various identities, they are our patients, they are our projects and even our dreams that need care to grow and surprise us.

We can find again in the teaching of Pina Bausch the lesson on the interpretation of feelings, the attention to what moves us from within; for some this can coincide with enthusiasm. Just the enthusiasm pushed me and the Editor in Chief of MJCP to found the Journal, thanks to the support of Messina University and SBA, the same enthusiasm that involves our editorial team even today.

Best wishes for a new year 2018 from the Editorial Board.

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