

Book Review

L'Universo di Gaia. La scoperta della donna nel "corpo" della psicologia analitica.

by Bianca Gallerano and Francesca Picone, Magi Ed. 2016

The Book L'Universo di Gaia by Bianca Gallerano and Francesca Picone published by Magi Edizioni, 2016, just been born of the work of a group of theoretical and clinical research entitled Daughters of the Father's mind, the Daughters of the Mother's body. Paths and female destinies, by the scholars of Analytical Psychology with an approach to the psychology of women. The historical interpretation, is also developmental and psychological and through text allowing an analytical reflection on the issues of women's complex world, from past to present. The theme of identity, the body, the change, such as female adolescence or pregnancy and menopause, mark the path of existential development in the tasks of the woman faces.

You can find the text of the Animus and Anima expressions or the archetype of the Great Mother, along with issues of deep and important relationship which are the mother-daughter relationship, father-daughter, analyst-patient. The book offers an interesting reading of stories marked by natural elements and signs of psychopathology, stories in which the eyes of a female analyst meet other eyes of a female which opens in its revelation complex and mysterious, full of emotional resonance.

The clinic in this book is dense with the dimension of human relationship, destinies and ways of being, of living their femininity, in the psychological journey leading female identity, in a progressive realization of Self in becoming individuation.

There are many symbols and metaphors encountered in reading the text, in the descriptions that treat the destinies and ways of being and living, even unknowingly, a genre, it could produce an independent thinking away from the male projections and to be recognized for as it really is.

The feminine term in Jungian language, is expressed in the continuity of the relationship with the mother, the relationship with what nourishes and living an intense experience, unique, emotional, in which the other is generated. It is an identity in the progressive realization, open to change.

The described operation helps to understand how to differentiate themselves from their mother arriving at a unique identity, but different and embrace and address the complexity of the woman's psyche functioning.

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