

Book Review

“Introduzione alla sincronicità” is a book of 212 pages, edited by Edizioni Scientifiche Ma.Gi. srl 2016, www.magiedizioni.com, by Claudio Widmann. Synchronicity is a phenomenon that arouses considerable interest within psychology, physics and alchemy. The phenomenon of synchronicity concerns inexplicable coincidences between subjective states and objective facts, without cause, but full of sense, that arouse subject an emotional resonance and characterizing significant existential passages.

At the beginning of the text the author gives an explanation of the terms of "synchronicity", "acausal", "connections", in fact the term "synchronicity", has reference to the contemporary, sometimes surprising, between coincident events. The latter are coincident because events are not just next to each other, but converge on one another, happen one on the other. The term "acausal" declares the manifest absence of causes that explain the occurrence of unusual convergence and absolutely improbable combinations.

The term "connections" recognizes the dark connection to the explanation, but clear to the perception of subjective states and objective facts. According to Jung, it is possible to define three types of connections that you can give the name of synchronicity: the coincidence of a psychic state observer with contemporary outdoor event and objective, which corresponds to the state or psychic content; the coincidence of a psychic state with an external event corresponding, spaced apart in space and which can be verified at the rear; the coincidence of a psychic state with a corresponding event does not exist yet, future, which can be determined retrospectively.

The most literal coincidences are the synchrony, because they concern two facts that happen together (syn) and time (chronos), that is, at the same time. The temporal idea that surrounds the coincident events far less time quantitative (chronos) and more quality time (kairos). There are synchrony and simultaneity that does not affect much to the temporal proximity between the two events, but because of the apparent quality of the moment: sooner or later, would not the same thing. Therefore, as the same Widmann reports synchronicity originates from the consideration of events that are together in time (syn-chronos), but is to take care of experience in which time and space do not matter and the same theoretical space-time phenomenologically dissolves.

If consider space and time as constructs of consciousness, not objective realities, we define the melt of the cause-effect law, because, as he writes Jung, causality presupposes the existence of space and time, therefore,

where the space and time become relative, causal principle of the assumptions of reality.

The perception of cause and effect depends in particular, from the synchronism of two moments: in which the end of the first takes place along the top of the second. Jung and the physicist Pauli, agree to support the phenomenal coincidences are defined as sense connections and not by relations of cause. The synchronicity is characterized not only for the relationship between the inside and the outside lived occurrence, but also for the relevance and significance of the event, that is the experience of sense.

Within the text shows that the theory of synchronicity, according to Jungian psychology, is possible only if the basis for the theory are the collective unconscious, the theory of the archetype, the symbol, the Self.

The collective unconscious because being transpersonal, transcends the individual dimensions and extends to those universal, holistic and psychological premises of every event. The symbol, Greek *syn-ballein* means putting-together join, has the function of joining the unconscious to consciousness, to combine the most intense experience, the subjective experience of a certain reality with the objective experience, the inner world with the outer world, the psyche and matter.

Finally the totality of the Self is also the totality of individuating experiences, those congruent and incongruent, those scheduled intentionally by the consciousness, and those occurring in synchronicity unconscious, allows the phenomena of synchronicity.

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