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Editorial

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ABSTRACT

Background: The Journal of Clinical & Developmental Psychology (JCDP) is the official journal of the Center for Psychological Research and Intervention (Ce.R.I.P.), University of Messina.

Italian and International expert in Clinical, Developmental and Education Psychology composes the Editorial Board Team that guaranteed the timely and constant release of the expected numbers each year.

Results: In these three years, 45 different articles were published in the Journal after a double blind peer review process. By analyzing the trend over the past three years, the number of contributions by international authors has steadily increased. Even the number of downloads for each article confirm the interest of the researches published in this journal.

Conclusions: We believe that offering the opportunity to publish in free access journals at any charge for both posting and publishing or article processing fees is the best way to share scientific research results.

Keywords: *Clinical Psychology; Developmental Psychology; Educational Psychology*

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State of Art: Three-year balance sheet from the publication of the first volume

The Journal of Clinical & Developmental Psychology (JCDP) is the official journal of the Center for Psychological Research and Intervention (Ce.R.I.P.), University of Messina. It is an international and interdisciplinary scientific quarterly journal for the publication of peer-reviewed original papers, that aims to promote innovation and high-quality research, both empirical and theoretical, assessment, and practice that contribute to the advancement in clinical, health and developmental psychology including different cultural contexts.

Born in 2019, the *Scientific Editorial Board* (composed by 12 researchers with expertise in clinic and developmental and education psychology) focused the attention in order to guarantee the quality of the research and the divulgations of the results. For these reasons, the Journal of Clinical and Development Psychology provides immediate open access to its contents and it is a free open access journal based on double-blind peer reviews, indexing by Publons, Google scholar, DOAJ, Digger, Portal ISSN and SHERPA-RoMEO.

From 2019 until now, the *Associate Editorial Board* composed by 31 Italian researches and the *International Associate Editorial Board* composed by 23 foreign researches (working in 16 different countries) contributed to the growing of the journal by suggestion and scientific support. Moreover, the 19 researchers (*Editorial Board*) gave a relevant support to guarantee the double blind peer review process.

From 2021, the Scientific Editorial Board decided to use of a specific program that provide a summary of matching or highly similar text found in a submitted article. Therefore, the Journal Editor, before sending a manuscript to reviews, have interpreting the similarity report in order to decide if immediately reject a submitted manuscript that had an unjustified high level of similarities. Moreover, the final manuscripts are archived in Turnitin database in order to guarantee the authors for the future.

Starting from 2019, the focus of this scientific journal concerns fields of clinical psychology and health in the life cycle. As underlined by Liga (2019) the processes of risk and resilience represented a major theme of contemporary developmental psychology in order to understand adaptive and maladaptive paths of development throughout the entire course of life. It is our opinion that the articles published in this journal might contribute to the scientific debate about “what works” in interventions and programs based on risk/resilience in order to refine theory and models of competence and psychopathology in development (Liga, 2019).

On the other hand, the attention of the diagnostic phase is relevant for a clinician, in relation to taking care of the patient in the life cycle, and to therapeutic models connected to the

methodologies necessary for the planning of therapeutic interventions in different care contexts (Mento, 2019). As underlined by Mento (2019), it is important a continue update of the research in the psychological fields of the life cycle, in clinical and hospital settings, and institutions of care in order to contribute to the processes of humanization of public services.

Moreover, Martino (2020) underlined the relevance to promote interdisciplinary contributions aimed at investigate the manner psychopathological aspects that may seriously affect perceived quality of life exposing the individual to suffering and outcomes.

The principal aim of this journal is to implement methods and techniques aimed at promoting the individual adjustment in different contexts during the course of his life (Sorrenti, 2020), underling that the main purpose of psychology is to guarantee the best possible quality of life for the individual, and not just the treatment of the disease (Sorrenti, 2020). As underlined by Gugliandolo (2020), promoting healthy and optimal growth is certainly one of the main goals of the positive psychology focusing no longer on disease or psychopathology, but on well-being and on its related constitutive factors, such as gratitude, empathy, etc.

Liga, Gugliandolo, Larcan (2021) do a balance at the end of the second year of life of this journal. They confirmed that the journal tried to provide a vehicle for immediate and effective communication in clinical, health, and developmental psychology from different cultural contexts with a focus on the psychological and social processes that underlie the lifespan and can explain the emergence of functional (e.g. mental wellbeing) but also dysfunctional outcomes (e.g. psychological distress) (Liga, Gugliandolo, Larcan, 2021).

Quattropani and Filippello (2021) underlined as the psychological practice has changed by Coronavirus disease (COVID-19) and how the Journal of Clinical & Developmental Psychology (JCDP) tried to be an adequate vehicle to those clinical psychologists that radically change their working methods both in clinical practice and in research.

During this long time, all numbers were regularly published thank many authors that submitted their papers in order to contribute to the acquisition of knowledge on methods and techniques of clinical and developmental psychology. Even if this journal is not yet indexing in the principal platforms, in these three years, Italian authors submitted 23 articles, 9 articles were submitted by international authors and only 13 articles were written by authors that are part of the editorial board.

As showed in figure 1, in these three years, it is possible to observe an increase of number of articles (32) submitted by authors that do not be part of the editorial board of the journal (external authors).



Figure 1 - Number of articles submitted by authors that belonged to the Editorial Board (internal) and those that do not (external).

Considering that the journal is open access and will have a quick turn-around, this journal is a site for a rapid dissemination of information to researchers and practitioners who will get the most of it (Quattropiani, Larcan, 2019).

The number of download for each article, as summarized in table 1, confirm the interest of the researches published in this journal.

	2019-1	2019-2	2019-3	2020-1	2020-2	2020-3	2021-1	2021-2
1	546	619	263	220	265	198	166	112
2	216	559	265	353	130	153	159	119
3	105	157	463	412	129	133	291	94
4	179	142	617	190	201	80	157	161
5	171	191	443	180	123	143	113	144
M	243,4	333,6	410,2	271	169,6	141,4	177,2	126

Table 1 - Number of download of each article until December 2021 and media of download for each volume.

In order to provide a correct representation of the interest of all articles published from 2019, it is necessary to take in consideration the time sheet (mouths of publications). Just to be clearer, 32 months ago was published the first volume (2019-1), while the last volume (2021-2) was published only four months ago.

Figure 2 represents two different trends. The means of downloaded articles (line blue) and the means of downloaded editorials in relations of number of months from each publications (line orange).

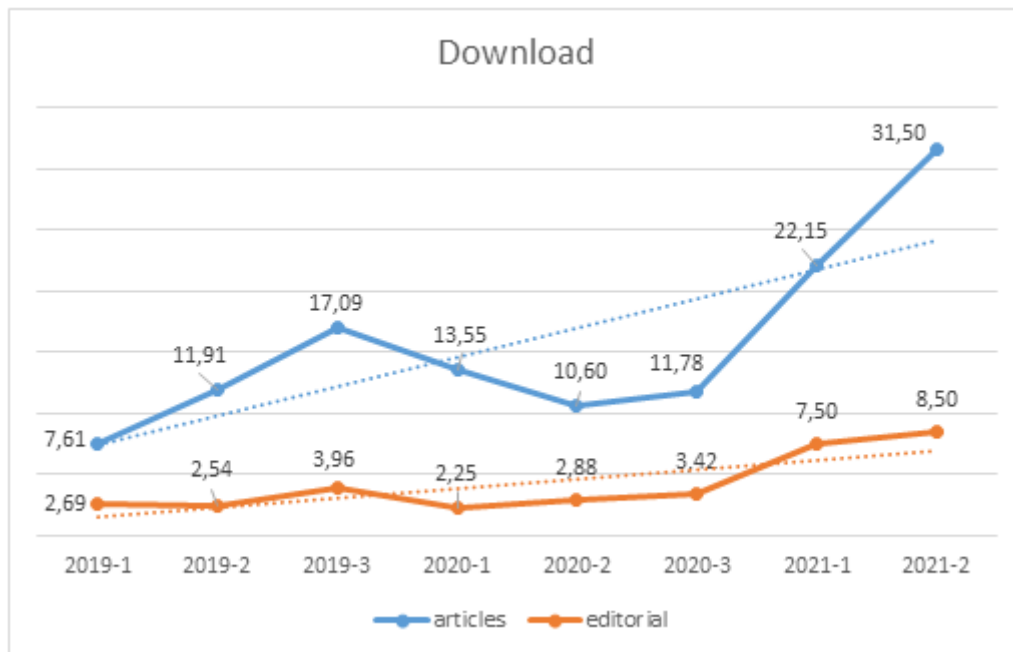


Figure 2 - Frequency of downloaded articles and editorials in relation to time sheet of each issues.

As it is possible to observe in figure 2, the tendency line shows a significant trend in the frequency of downloaded articles. These results encourage our work; we believe that offering the opportunity to publish in free access journals at any charge for both posting and publishing or article processing fees is the best way to share scientific research results.

With this issue, the journal complete the third year of published. The first two contributes focus the attention on the psychological effects of this pandemic period. Herdian & Chen analyzed the “*Mental Health in the Elderly during the Pandemic in Indonesia*” and the correlation with death anxiety. While Carmela Sánchez-Ballester tried to assess the psychological impact caused by the pandemic in a sample of 210 adults, presenting a paper titled “*Psychological Impact during Covid-19. A Study on Socio-Demographic Risk Factors*”.

In this issue, two contribute are Systematic Reviews in order to summarize the state of art. More specificcally, Testa & Cavallini presented a paper titled: “*How Activism correlates with Well-Being in Adolescence: a Systematic Review*” and Iacomini et al.’s contribution concerns the “*Assessment tools for the career planning of adolescents and adults with neurodevelopmental disorders: a systematic review*”.

Jaffar, Jehangir and Muhammad titled their contribution presented as the last paper of this issue “*Romantic Relationship and Self Esteem. The Role of Self Esteem in prediction of Relationship Satisfaction, Romanticism, and Emophilia*”. More specifically, the authors focused on the

relationship between the levels of self-esteem and types of romantic relationships (emophilia and romanticism) and its impact on individual's relationship satisfaction.

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