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Editorial

Quattropani M.C.,^{1*}  Larcan R.^{1*} 

¹ Department of Experimental and Clinical Medicine, University of Messina

It is with pleasure that we launch this new *Journal of Clinical and Developmental Psychology* (*JCDP*), the official journal of Psychological Center for Research and Intervention (CeRIP), University of Messina. It is an international and interdisciplinary journal that reflects the two souls of CeRIP: clinical psychology and developmental psychology according to the bio-psycho-social model.

JCDP is expected to play a prominent task as an international journal, a place where interests converge and investigators can gather the latest information. Considering that the journal is open access and will have a quick turn-around, this journal will be a site for a rapid dissemination of information to researchers and practitioners who will get the most of it.

At the most direct level, the journal can provide a vehicle for immediate and effective communication of the best conceptual, methodological, and empirical advances in in any of the areas of clinical, health, and developmental psychology from different cultural contexts.

It also addresses cross-cultural and sociodemographic topics that have a clear bearing on clinical, health, and development psychology in terms of theory, research, or practice, with a focus on the psychological and social processes that underlie the lifespan and improvement of psychological problems, mental wellbeing, behavioral medicine and neuroscientific approaches.

* *Scientific Director:* Maria C. Quattropani, Department of Experimental and Clinical Medicine, University of Messina, Via Consolare Valeria, 1- 98100, Messina, Italy
E-mail address: mquattropani@unime.it
larcan@unime.it

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On the whole, nevertheless, we think the journal can furnish a forum for dialogue and discussion in ways that can support and shape a growing and multi-dimensional field.

We strongly wish JCDP to become a scientific journal open to the whole community of psychologists, because when research meets practice, then changes become possible to increasingly improve the impact of new psychological discoveries in psychologists' professional practice.

One of the major challenges of modern trend in psychology is to define the complex pattern of connections that underlie cognition, behavior, emotions and intersubjectivity.

Similarly, the field includes the crossing dimensions of clinical, social, affective and cognitive neuroscience. Accordingly, we believe there is great value in promoting communication focused on integration through these approaches. Specifically, this could contribute to the identity of psychologists as health and healthcare professionals and encourage to establish links between basic and clinical advances in understanding typical and atypical brain development, or the updates in psychological prevention, assessment and evidence-based psychotherapy, thus clarifying the great clinical and social policy implications of this work.

This proposal to bridging the gap between Research and clinical practice offers a way to overcome the problems of rigid manuals as well as those associated with forcing psychologists to adhere to theories and practices that are outside of their interest, experience, and expertise.

This journal aims to disseminate recent innovations that help make research–practice integration feasible. Moreover, it points to communicate how to promote training in evidence-based practice, and how to translate efficacy research into clinical practice and clinical insight into empirical study to better establish a two-way bridge between research and practice. Ultimately, we hope this journal can speak to many different types of psychologists, whether they work mainly as researchers or practitioners, so they can see new ways to integrate and learn from both research and practice.

This first issue opens with the article *Attention, problem solving and decision making in adult subjects with ADHD* (Capri, Martino, Giannatiempo, Semino, Fabio). The study aimed at examining neuropsychological performance on tasks measuring attention, problem solving and decision making in young adults with ADHD. In fact, the neuropsychological profile of adults with ADHD is unclear, although attention-deficit/hyperactivity disorder (ADHD) is clearly associated with executive dysfunctions. Benedetto and Ingrassia present the second article entitled *Problematic Internet Use and sensation seeking in adults with ADHD symptoms*. The aim of this work is to explore how two risk factors, Sensation seeking and ADHD symptoms, influence the occurrence of Problematic Internet Use in a community sample of adults. The findings revealed that adults with high-ADHD symptoms resulted problematic users in higher percentage, with interference in many aspects of their life. Gugliandolo, Costa, Cuzzocrea e Larcan present a work entitle *Questionnaire*

for the Evaluation of Parents' Educational Skills in which they propose a self-report questionnaire designed to assess the ability of parents to use appropriate educational strategies to manage the behavior of children, based on the principles of analysis and behavior modification. The instrument has the potential to be very suitable for the evaluation of behavioral educational skills, which are the basis of behavioral parent training programs, but also to have the possibility to check the effectiveness of the training in terms of more competent techniques learned, even after a long time. The study *Defense mechanisms and alexithymia in Inflammatory bowel disease and Irritable bowel disease* (Lenzo and Quattropani), aims to examine the differential contribution of demographic and medical characteristics on severity of gastrointestinal symptoms in a sample of patients with Irritable Bowel Syndrome or Inflammatory Bowel Disease recruited from outpatients with gastrointestinal disorders. In addition, this study looks at explore the role of alexithymia and defense style on gastrointestinal symptoms. The results show the influence of the maladaptive defense style on the severity of symptoms with no differences for the two considered diagnosis. Moreover, they are coherent with past studies highlighting the risk for the female gender to develop a somatic disease.

An article from Mento and Silvestri concludes this issue of JCDP: *A Clinimetric approach in Psychological diagnosis: clinical observations*. The authors analysed book by Per Bech "*Klinisk Psycometri*" and the Italian version titled "*l'Assessment in Clinica psicologica: la psicodiagnostica clinimetrica*", edited by Giovanni Fioriti in 2018. The book gives an innovative approach in understanding the clinical use of psychological rating scales, in line with a dimensional approach. The domain of the clinic assessment in psychology, shares the same theoretical and methodological assumptions with the traditional psychometric methods. In this case, the authors will focus on a clinimetric approach, different from the traditional psychometric ones, usually used in assessment practices. This work highlights the possibility of a measurement, which takes the clinical pathological observation, the possibility of comparing different subjects, identifying the link between normal and pathological, psychopathological comorbidity and clinical indications for psychotherapy.